

October 1 to October 31, 2013

Monday

Tuesday

Wednesday

Thursday

Friday

	Sloppy Joe on a Bun or Beef Rib Dunkers/w Dinner Roll Green Salad 1-Oct-13	Double Dogs or Popcorn Chicken Oven Fries Bar b Que Beans 2	Hard Shell Taco or Tostada Cup Lettuce & Cheese Corn Mexican Rice 3	Toasted Cheese Sand. Veggie Soup Chocolate Cookie 4
Personal Pepperoni Pizza Garden Salad Cherry Tomatoes 7	Chicken Fried Steak or Teriyaki Chicken Steamed Rice Hot Veggies 8	Spaghetti Green Salad French Bread 9	Spiral Dog or Spicy Chicken Burger w/Lettuce & Pickle Bar b Que Beans 10	EL Rancho Burger w/Lettuce & Pickle or Chicken Nuggets w/Dinner Roll Oven Fries 11
FURLOUGH DAY 14	Chicken Burger w/Lettuce & Pickle Oven Fries Bar b Que Beans 15	Bean & Cheese Burrito Garden Salad Cherry Tomatoes Salsa 16	Mini Cheeseburgers or Corn Dog Green Salad 17	Chicken O's or Managers Choice Veggies 18
Pepperoni Pizza or Mac & Cheese Garden Salad Cherry Tomatoes 21	Sloppy Joe on a Bun or Beef Rib Dunkers/w Dinner Roll Green Salad 22	Double Dogs or Popcorn Chicken Oven Fries Bar b Que Beans 23	Turkey or Chicken & Gravy Mashed Potatoes Dinner Roll Fruit Cup 24	Toasted Cheese Sand. Veggie Soup Chocolate Cookie 25
Personal Pepperoni Pizza Garden Salad Cherry Tomatoes 28	Chicken Fried Steak or Teriyaki Chicken Steamed Rice Hot Veggies 29	Spaghetti Green Salad French Bread 30	Spiral Dog or Spicy Chicken Burger w/Lettuce & Pickle Bar b Que Beans Spooky Ice Cup 31	Complete Lunch Prices Free: No Charge Reduced: .40 Cents Elem. Paid: \$1.75 Mid. Paid: \$2.25 High School: \$2.50

Baby Carrots, Fresh Fruit or Cupped Fruit (Celery Sticks or Cucumber Slices only @ Salazar) are Offered Everyday at Lunch

A Choice of Low Fat White or Non-Fat Chocolate Milk is Offered @ Every Meal

Menus are subject to change

The USDA and the CDE are equal opportunity providers and employers.

October 1 to October 31, 2013

Monday	Tuesday	Wednesday	Thursday	Friday
	Mini Waffles 1-Oct-13	Morning Sausage Roll	Choc. Chip Muffin	Managers Choice
Mini Pancakes 7	Cinnamon Roll 8	BK Pizza 9	Mini French Toast 10	Chorizo and Egg Burrito 11
FURLOUGH DAY 14	Cinnamon Toast 15	Cheese Quesadilla 16	Warm Homemade Banana Bread 17	Pancake & Sausage on a Stick 18
Yogurt W/Breakfast Bread 21	Mini Waffles 22	Morning Sausage Roll 23	Choc. Chip Muffin 24	Managers Choice 25
Mini Pancakes 28	Cinnamon Roll 29	BK Pizza 30	Mini French Toast 31	Complete Breakfast Prices Free: No Charge Reduced: .30 Cents Elem. Paid: \$1.00 Mid. Paid: \$1.25 High School \$1.25

Cold Cereal w/Breakfast Bread, Fresh Fruit Basket and Cupped Fruit are Offered Everyday at Breakfast

A Choice of Low Fat White or Non-Fat Chocolate Milk is Offered @ Every Meal

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